

Preparing for Heights and Weights / Vision & Hearing Screening -- Checklist

Also use the checklist if preparing for Student Nurse Visits when they help with these Health Screenings.

Site: _____
Date: _____
Time: _____

When student nurses call in September – October:

- Visits will be arranged in November
- Arrange specific times when children are available for screening (i.e. not during mealtimes).
- Ask nurses to bring equipment if your site does not have the necessary items. Equipment may be checked out at the ECEAP Administrative office by arrangement with the ECEAP Public Health Nurse.
- Arrange for a staff person to be available to support children who are reluctant or need assistance.

VISION AND HEARING

For vision screen: near an electrical outlet, space 10 feet from eye chart to child, in normal room light

For hearing screen: near an electrical outlet, a room as quiet as possible

Have Equipment and Forms Set Out

- ___ Vision and Hearing Report Forms
- ___ Disposal item to cover the eye: Post-its (3" by 3")
- ___ Vision: Light chart with card to go into chart
- ___ Hearing: Audiometer

HEIGHTS AND WEIGHTS

Location

Use a vertical surface or wall, preferably without molding or obstructions
Use a hard-surface floor for the scale

Have Equipment and Forms Set Out

- ___ Nutrition/Screening tracking Form (w/ alphabetical class list including gender and Date of Birth)
- ___ Growth Grids (If child was enrolled, last year, use the same growth grids)
- ___ Height Headboard and Food Placement Guide
- ___ Four-foot standardized measuring ruler (available from hardware stores)
- ___ Masking tape or blue paint tape
- ___ Scale
- ___ BMI Wheel or calculator, unless you are planning to calculate the BMI later using the Excel Height and Weight Screening/Tracking form that will automatically calculate BMI

If you have any question, please contact:

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